



ALLUMA

ART & HEALING

Deanna Barton is a Board Certified Art Therapist, educator, and artist. She founded Alluma: Art and Healing to help people of color process emotions and creatively begin to heal through art expression and mark-making.

She received a Master's in Art Therapy from The George Washington University and completed her undergraduate studies at Spelman College. She teaches in Pennsylvania Western University's Art Therapy Department. Deanna is a member of the Accreditation Council for Art Therapy Education (ACATE) and the American Art Therapy Association's Multicultural Committee. She works to increase equity and diversity within the field of art therapy. Her community-based work includes mentoring students of color interested in pursuing careers in expressive therapies and consulting with community-based organizations to create inclusive and trauma-informed art-based programming.

In her private practice, Deanna provides art therapy services for young women of color healing from anxiety, depression, perfectionism, and experiences of race-based stress and trauma. She believes humans are intrinsically creative. "Expressing our creativity helps us find balance and fulfillment in life. Living is a creative process, and our creativity can be a tool and a resource for healing."

about the founder



featured in

[AUC Art Collective - The Profession of Art Therapy Talk](#)

[CWC Talks: The College Mental Health Podcast](#)

[American Art Therapy Association Blog Featured Member](#)

[American Art Therapy Association DEI Gallery](#)

[Florida Art Therapy Association's IG Live Series](#)

[The Creative Psychotherapist Podcast Episode 12](#)

[NBC 6 South Florida News](#)

[Palm Beach Music Therapy Connection Radio Show](#)

publications

[The Humble Chair: Fostering Culturally](#)

[Humble Collaborations](#)



Alluma: Art & Healing is an art therapy practice and wellness company founded by Board Certified Art Therapist Deanna Barton.

Deanna says, "Healing should not require silencing and suppressing parts of yourself." Alluma's mission is grounded in the belief that mental health must be decolonized. Alluma provides spaces and experiences where clients unpack their feelings, connect to their authentic and creative selves, and journey toward healing in a way that honors their lived experiences and social location.

Throughout her life, art has been one of the few constants. From dance to ceramics, Deanna describes the creative process as her lifelong teacher. "I love being in the creative process and greatly value creative space and time. Creating things draws us into a state of flow and introspection - things we need daily for mental wellness."

about the company

At Alluma: Art & Healing, currently, a virtual space, being "in-process" is welcome. Deanna's services offer time to be reflective, create art, play, and process emotional content. Collectively, we are here to find our voice, reclaim our space, heal generational wounds, and learn to thrive as creative beings.



offerings

- Virtual art therapy sessions
- Online art & wellness groups
- Coaching & mentorship for creatives
- Art & Wellness Fund for Black women
- Consulting, workshop facilitation, & speaking engagements

community & consulting clients

O, Miami

Sohe Solutions

Adrienne Arsht Center

Center for Interrelational Science and

Pediatrics

NYC Arts in Education Roundtable



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